

# Breathing Matters



Pioneering research to  
fight pulmonary fibrosis  
and respiratory infection

HELP US CURE RESPIRATORY DISEASES

[breathingmatters.co.uk](https://breathingmatters.co.uk)



# Imagine struggling for breath

Respiratory disease now kills 1 in 5 people



## Who are we and what do we do?

- UCL Respiratory is one of the world's leading research centres for respiratory diseases.
- Our prime focus is on medical research into the prevention, treatment and cure of lung diseases.
- We have researchers and scientists with the brightest minds carrying out pioneering research.
- UCL Respiratory works closely with doctors, bringing together talented researchers and expert physicians at University College Hospital, the Royal Free Hospital, Great Ormond Street Hospitals and the Whittington Hospital.

## Which diseases do we research into?

- Interstitial lung diseases, such as idiopathic pulmonary fibrosis (IPF) and sarcoidosis.
- Respiratory infections, such as bronchiectasis, tuberculosis, pneumonia and viruses, such as COVID-19.

## Breakthroughs:

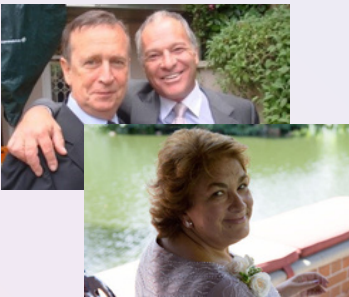
- Safer lung biopsy with improved patient experience and decreased hospital stay.
- Novel scans to personalise therapy.
- Better tolerated treatments.
- Advanced home monitoring.
- Refining a simple, cheap, and widely available blood test to predict prognosis in IPF.

# With your help, we can fund equipment and researchers to find a cure.



**Jane Beety** ran the London Marathon in memory of her father, Arthur Beety, who also ran the London Marathon in his younger days. Jane raised funds for the FlowJo data analysis software which has helped us to look at the role of neutrophils in ILD.

**The Hulme family** organised a South Downs walk in memory of Mark Hulme, and raised money to pay for the 'Mark Hulme Clinical Fellow' to carry out a study to look at the effects of blood thinners in patients with IPF.



**The Timberlake family** raised money in memory of Ana Timberlake, and **Lawrence Matz' friends and family** raised money for the 'Lawrence Matz Clinical Fellow'. Both projects together established the first non-invasive cryoscopic lung biopsy service – a UK first.

**We need to act now to save lives**  
Visit [www.breathingmatters.co.uk](http://www.breathingmatters.co.uk) to find out more.

# Ways you can help:

Make a donation. The simplest way is via:  
[breathingmatters.co.uk/get-involved/donate/](https://breathingmatters.co.uk/get-involved/donate/)

Help us set **research priorities**

Arrange a **regular donation**

Join a **fundraising event**

Buy our **merchandise**

Make us your **charity of the year**

Set up a **gift in your will**

Register on our website [breathingmatters.co.uk](https://breathingmatters.co.uk)



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## Ways you can give:

**Online donation** - please visit [breathingmatters.co.uk/get-involved/donate/](https://breathingmatters.co.uk/get-involved/donate/)

**From our Justgiving page:** [justgiving.com/campaign/breathingmatters](https://justgiving.com/campaign/breathingmatters), you can

- Donate and leave a message
- Set up a fundraising page
- Set up an in memory page for a loved one

For more ways to donate, visit our website on [breathingmatters.co.uk](https://breathingmatters.co.uk)

Email us if you would like more information [breathingmatters@ucl.ac.uk](mailto:breathingmatters@ucl.ac.uk)

**For corporate donations and sponsorships,  
please contact us directly on 020 3549 5979**

UCL Respiratory (University College London) is part of the University College London Hospitals/University College London Department of Health's National Institute of Health Research Biomedical Research Centre

Breathing Matters is part of UCLH Charity Charity Registration Number 1165398.



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**Thank you for your support!**