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**YOUNGEST EVER FOOTBALL
QUIZ**



1. At the age of 17, who became the youngest footballer to play at a World Cup?
2. Who is England's youngest ever goalkeeper?
3. Whose goal against Macedonia made him the youngest player to score for England?
4. Who holds the record for being the youngest manager to win a major European trophy?

Answers on our website
www.breathingmatters.co.uk

Cycling Matters at Cyclotopia

The sun shone over the Velodrome as over 100 riders enjoyed the bikefest of activities which can only mean one thing – Cyclotopia was back again!

As Ros Asquith's cartoon (to the right) insists, "Cycling Matters". Cyclists of all ages and abilities pedalled over the smooth traffic-free road circuit, challenged themselves on the bumpy mountain trail and sped around the Olympic Velodrome track, the fastest in the world.



The event brought in almost £6000 for Breathing Matters and Haematology Cancer Care, both UCLH Charities.

Thank you to our amazing volunteers, without whose help this event could not have taken place. We are indebted to you all.



Thank you also to Jules Mountain who donated his book as prizes to our fastest cyclists, and to the amazingly professional staff at the Lee Valley VeloPark.

Finally, we thank our photographers Mark Mbm and Gerwyn Jones for their fabulous photos: <https://bit.ly/2JoKSLt>

Inspiring Young Researchers

The William Perkin story started with a child being fascinated by science – and setting out to ask 'Why?' and 'What for?' What a perfect school for a visit to inspire students to follow a career in research.

Breathing Matters and Dr Pascal Durrenberger, a STEM ambassador and UCL Respiratory scientist, took part in the William Perkins CofE High School Founders' Day celebrations on Friday 11th May 2018 as part of the Big Bang London Programme @ Schools Events. The Big Bang programme actively helps promote STEM subjects throughout the UK (Science, Technology, Engineering, Maths).



Our workshop was called "The Lung Project". Dr Durrenberger gave an inspirational talk and we had three main activities for the children:

- X-man Pneumatico (a ping-pong breathing game)
- Play Histologist (identifying lung diseases on microscope slides)
- Help the Lung Scientist (medical quiz).



There were points to win on all sessions and we gave out prizes to the students with the most points.



The Founders Day included many eminent scientists, including Lord Professor Robert Winston (of 'A Child of our Time' fame) and Professor Sara Rankin from Imperial College.

Feedback from the day was very positive with numerous students specifically mentioning our workshop: 'The best thing I did today was... "Breathing session". "Lung Workshop".

A special thank you goes to Michelle Drew from Waterstones Piccadilly for donating books as prizes. Funding was also provided by Breathing Matters.

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Breathing Matters
FIGHTING PULMONARY FIBROSIS AND INFECTION



www.breathingmatters.co.uk

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Simply Text 'BMPF22 £25' to 70070



Bronchiectasis Fundraising News, by Jane Walker

Firstly, we are very pleased to announce that the 2017 Christmas Concert with the Holst Singers raised £3667 for Professor Brown's research at UCL Respiratory into bronchiectasis and lung infection. Thank you to everyone who came and supported our annual Christmas musical festivities. Preparations are already under way for this year's concert which will be on Friday 7th December 2018. For tickets (£25 each) and further details, please contact Jane Walker either by telephone 01732 366346 or by email: missjanewalker@hotmail.com. We look forward to seeing you at this year's concert for a musical feast and a very special start to the Christmas festivities.



Our stalls have raised over £600 so far this year. You will find us every four to six weeks with our table laden with handmade gifts and goodies in the UCH Atrium on Friday mornings during clinic. We are building up regular customers and supporters to our stalls. The Easter stall is always popular with people buying chocolate goodies. Jane's next door neighbour very kindly knitted chicks with chocolate crème eggs. Since early May, we have been holding jewellery stalls. Very sadly, Maureen Briggs, one of Professor Brown's bronchiectasis patients, passed away before Christmas; her family have very kindly donated her legacy of hand-made bead jewellery to Breathing Matters in her memory and in gratitude to Professor Brown. Maureen took up her bead jewellery-making hobby during the past five years during her illness. On May the 4th, we had a very special guest to help us with our jewellery stall!



Please go to our events page on our website for dates of all our stalls. <https://bit.ly/2zFd6fM>

Sainsbury's
Local Charity of the Year

**We are excited to announce that we have been voted in as
Sainsbury's Local Charity of the Year (Warren Street)
THANK YOU FOR ALL YOUR VOTES!!**



FUNdraising Events, Tributes and Inspirations

- ♥ A BBQ fundraiser.
- ♥ A gin evening.
- ♥ A beard-shaving event; get those chins out for summer.
- ♥ Join a sponsored walk, a scooter, a cycle, a hop: be as outrageous or as simple as you dare!
- ♥ Make us your Charity of the Year—do you know any local businesses who could support us?

RUN FOR CHARITY

Getting bored with the usual running challenges?



Have you tried running with a difference? How about mixing it up at the London Triathlon or Edinburgh Duathlon, or running past gladiators at the Gauntlet Games or running from zombies at the Zombie Evacuation or simply running in a Santa suit at Santa in the City?

More info at: <https://bit.ly/2zFd6fM>

CHALLENGE YOURSELF ABROAD



Have you ever wanted to trek the Great Wall of China, cycle from Yosemite to San Fran, climb Everest or raft on the River Zambezi? We have teamed up with Global Adventure Challenges who can organise this for you - money raised will go to Breathing Matters.

More info at: <http://bit.ly/2IGjBpR>