

UCLH Charity Bike Ride, 17.6.12

We had an amazing day at this year's UCLH Charity Bike Ride in the beautiful Richmond Park in West London. Not only was it in the middle of Bike Week, it was also Father's Day, and a lot of fathers and children were out en masse enjoying a great family day out.



Thanks to the sun, who kept us company this year, we were able to have a leisurely picnic afterwards too.

Almost 80 supporters came to support Breathing Matters along with other UCLH Charity funds, Leukaemia and Lymphoma Unit, Rays of Hope and TTP Research.

Cyclists included patients, relatives and friends, doctors, researchers and scientists from the Centre for Respiratory Research, nurses and other staff from UCLH along with lots of dads and families with children as young as 7 years.

We also had a cute and cuddly canine supporter this year, Dexter, who kept up with all the cyclists. He was a hit with the kids ... and a few of the grown-ups too.

We were extremely fortunate to have a fabulous and plentiful group of volunteers assisting us this year who helped with marshalling the gates, registering the cyclists and welcoming the riders back with a smile, a cheer and lots of goodies.



Breathing Matters raised an incredible £3,600 at this event.

We would like to thank all of the volunteers, riders and supporters who made this day such a success.

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CYCLING QUIZ

1. Who won this year's Tour de France?
2. How many medals did team GB win in 2008?
3. Name 3 gold medal cyclists from the 2008 Olympics.
4. Who designed the 1970's Chopper Bicycle?
5. What's the name of the song which contains the lyric "Bicycle built for two"?

Answers can be found on our website
www.breathingmatters.co.uk

Recruiting for New Pulmonary Fibrosis Study—Can You Help?

The Centre for Respiratory Research is hoping to recruit 12 patients currently seen at UCLH with pulmonary fibrosis into a study to investigate the role of platelets in this condition.

What it will involve: The study will involve attending UCH for one visit of approximately three to four hours. This visit will involve some blood tests, and a special scan of the lungs. We will reimburse any travel costs together with an honorarium as a thank you for taking part.

Our hope is that this pilot study will provide the information for us to apply for funding for a larger study looking at novel treatments in PF. It is possible that the results may even help us treat PF.

For more information, visit the Breathing Matters website at www.breathingmatters.co.uk/2011/07/new-pulmonary-fibrosis-research-study/

If you are interested in taking part, please contact Dr Joanna Porter at UCLH — email joanna.porter@uclh.nhs.uk or, after you see her in clinic, Joanna.porter@ucl.ac.uk

KEEP IN TOUCH

Visit our website on
www.breathingmatters.co.uk



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pulmonary fibrosis
and infection

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Centre for Respiratory Research, 5 University Street, London WC1E 6JF
Email: breathingmatters@ucl.ac.uk

You can simply DONATE via www.justgiving.com/breathingmatters



JustTEXTGiving is now available to Breathing Matters supporters.
Simply Text 'BMPF22 £xx' to 70070



****FACEBOOK has arrived to Breathing Matters****
Follow and 'like' us at <http://www.facebook.com/BreathingMatters>

September 2012 is Pulmonary Fibrosis Awareness Month – How You Can Help:

- ♥ Organise your own fundraising event.
- ♥ In keeping with the cycling theme: three teams of Breathing Matters supporters have organized their own cycling events this September, including trips from London to Barcelona, John O'Groats to Lands End, and London to Paris; but shorter jaunts could be just as effective.
- ♥ If you do organize an event in September, help by publicizing it in your local media.
- ♥ Follow us on Twitter and Facebook in the lead up and during September and help spread the word by retweeting and liking us.

National Transplant Week, 9.7.12

- ♥ Breathing Matters helped publicise this important issue by working with the NHS + Blood Transfusion service and putting their infographic series on our facebook and website.
- ♥ We hope that you were able to catch up with this at the time, but if not, you can catch up with it at: <http://www.organdonation.nhs.uk/ukt/campaigns/campaign-materials.asp>
- ♥ Join the NHS Organ Donation Register today—it saves lives!



0300 123 23 23
organdonation.nhs.uk

FUNdraising Events, Tributes and Inspirations

INSPIRATIONS

- ♥ It would be great if you could organise an event in September to help raise awareness of PF.
- ♥ Cheese and wine evening, or wine-tasting.
- ♥ A local community summer picnic.
- ♥ Coffee and cake morning, or a Bake-Off.
- ♥ Make us your Charity of the Year. Do you know any local businesses who could support us
- ♥ Ask a local school to support us.
- ♥ Join in on any of our events ... or organise one of your own!



Graham Smith Memorial Golf Day in aid of Breathing Matters , 24.5.12

Thanks to Rosemary Smith who organised a day of golf in memory of her late husband, Graham, who sadly lost his battle with bronchiectasis last year.

Bob Wilson, former Arsenal goalkeeper, came to join family and friends play golf, uniting Graham's three loves: golf, Arsenal and his family.

The event raised over £2000 for Breathing Matters.

BREATHING MATTERS WISH LIST

- ♥ **Cryoscopic Extractor and Study:** Enabling a study to investigate whether lung biopsies taken via the bronchoscope using cryoscopic extraction, can give the same information as those taken during general anaesthetic and open lung biopsy. If this is the case, cryoscopic biopsy will replace major chest surgery. Better for the patients, safer and less painful. **Cost: 25K for equipment, £10K for study.**
- ♥ **PhD Research Fellow** to work on IPF in the laboratory for 3 years. **Cost: £45K with UCL contributing £45K of matching funds**
- ♥ **An imaging system called Nuance** from Caliper Life Sciences. A multispectral imaging system which would facilitate a lung pathologist and research scientist to identify unique abnormalities in lungs from patients with PF. **Cost £45K.**