

Cycle 7 miles around Richmond Park and raise funds for
Breathing Matters

UCLH CHARITY BIKE RIDE 2011

7 mile Cycle Ride in Richmond Park
Sunday 12 June



For more information contact

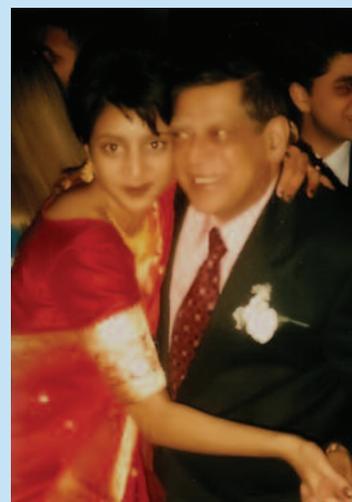
Donna Basire on 020 7380 9102
or email donna.basire@uclh.nhs.uk

Following the success of the 2010 UCLH Charity Bike Ride, this summer, five projects within UCLH are collaborating to put on our second fundraising bike ride. These projects, Breathing Matters (The Centre for Respiratory Research), the Leukaemia & Lymphoma Unit, Rays of Hope (for Children with Cancer), TTP Research and the Prion Clinic, illustrate the breadth of clinical work and research which UCLH undertakes, and the commitment of our staff to improving treatment for patients, now and in the future. Your support will go towards purchasing medical equipment, providing a more comfortable environment or discovering new treatments.

The Centre for Respiratory Research (CRR) at University College London (UCL) is the UK's leading research centre for lung diseases. We are striving to promote and carry out medical research into the prevention, treatment and cure of lung diseases. We have researchers with the brightest minds carrying out pioneering research into respiratory diseases. The CRR works closely with doctors at University College Hospital, the Royal Free Hospital, Great Ormond Street Hospital and the Whittington Hospital. We need your help to fund vital equipment and researchers and to secure our future. Breathing Matters, the CRR fund, is part of UCLH Charity.

The CRR supports research into respiratory conditions: interstitial lung diseases, such as idiopathic pulmonary fibrosis (IPF), asthma, chronic obstructive pulmonary disease, mesothelioma, infectious diseases such as tuberculosis, and lung cancer.

The 2011 Bike Ride will be dedicated to Balwant Tamhane who recently lost his battle with IPF, a currently untreatable lung disease with no known cause. Research into this area is critical.



Please join us to cycle around the 7 mile traffic-free circuit of Richmond Park. Bring your friends and family – and a picnic – and raise as much as possible for the UCLH charity of your choice.

Richmond Park is the largest Royal Park in London and is home to around 650 free roaming deer. Its varied landscape of hills, woodland gardens and grasslands set among ancient trees abounds in wildlife. Refreshments are available at a number of cafes around the park.

Cyclists will receive a commemorative tee-shirt, goodies and a completion certificate. We recommend you wear suitable clothing and helmet. There are cycles for hire at Richmond Park.

The park can accommodate 150 cyclists and places are shared between five projects – so book early to ensure your place. There is no registration fee, and no minimum sponsorship. We just ask that you raise as much

sponsorship that you can! To set up your own justgiving page visit www.justgiving.com, find the UCLH Charity page on <http://www.justgiving.com/uclhc>, set up an account and choose the UCLH Charity Bike Ride 2011. This will be linked to Breathing Matters.

Date: Sunday 12 June 2011

Registration Time: 10.30 – 12 pm. Start time: 11 – 12.30 pm

Meeting Place: Robin Hood Gate car park, Richmond Park (cars should enter by Roehampton Gate or Kingston Gate)

To sign up please return this form (or a photocopied version) by email or post to: Donna Basire, Centre for Respiratory Research, The Rayne Institute, University College London, 5 University Street, London WC1E 6JF
Email: donna.basire@uclh.nhs.uk

Tel: 020 7380 9102

Registered Charity No: 229771

Cheques to be made payable to: UCLH Charity 0120

Registration Form

Names of cyclists: _____

Address: _____

Postcode: _____

Email: _____

Telephone numbers including mobile for changes on the day: _____

Under 16s must be accompanied by an adult and have written permission from their parent or guardian.

By signing this form I confirm that all named participants consider themselves fit enough to take part in this event and understand that they are participating at their own risk. _____

I am unable to take part but enclose a donation of £_____ Please treat this as a gift aid donation

(tick box)

I confirm that I pay an amount of UK income or capital gains tax at least equal to the tax that can be reclaimed in the tax year. We must have your full name, home address and postcode in order for us to claim gift aid.

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