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INSIDE THIS ISSUE:

Royal Visit	1
Breathing Matters Tour	1
Science in Brief	1
A Right Royal Quiz	1
Christmas Concert	2
Cyclotopia 2016	2
FUNdraising Ideas and Tributes	2



A RIGHT ROYAL QUIZ

1. Who is Chancellor of UCL?
2. Queen Victoria was the first monarch to speak on the phone. In what year?
3. How many rooms are there in Buckingham Palace?
4. What is Prince Harry's official first name?
5. In what year did Philip and Elizabeth first meet?

Answers on our website
www.breathingmatters.co.uk

Royal Visit



UCL Respiratory was honoured when HRH Princess Anne paid us a visit in February. The Princess Royal attended in her official capacity as Chancellor of UCL to officially open the refurbished labs. The refurb has been funded by UCL as part of their commitment to keep the buildings in working order.

During her visit, HRH met with the designers and architects along with our important researchers and scientists, and was treated to a tour of the labs.

The Breathing Matters team was introduced to the Princess Royal and it was a huge honour to have the opportunity to talk with her about the charity and what we've accomplished in our five years. HRH asked us to "keep up the good work" and, with your help, we would like to do just that!

Breathing Matters Tour

Some of our highest fundraisers and long term supporters were invited up for a tour of our new labs in February, just days after the official Royal opening. It was heartwarming to see so many of you and to welcome you into the Breathing Matters family.



Breathing Matters was set up 5 years ago to raise awareness and provide information to patients and families, and to raise funds for UCL Respiratory. With your help, we have raised well over £350K. The money raised has allowed us to support many families through difficult times, fund vital equipment for research as well as funding medical researchers looking to discover new techniques and drugs for prolonging patient life.



Presentations were given by Medical Director Dr Jo Porter, and Clinical Lead of Infection, Professor Jerry Brown. These were followed by a tour of our labs and a chance to meet our researchers and talk about our current research projects.

Thank you for making it such an enjoyable evening.

Science in Brief

Professor Brown is the lead investigator on a recently awarded Medical Research Council grant to investigate a novel approach to preventing lung infections caused by the common pathogen *Streptococcus pneumoniae*. With his collaborators in Liverpool, Prof Brown will test in humans whether a genetically modified *S. pneumoniae* strain unable to cause disease is able to 'teach' the immune system to recognise and kill other *S. pneumoniae*, and could therefore prevent serious infections with this common cause of pneumonia and bronchitis.



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Breathing Matters
FIGHTING PULMONARY FIBROSIS AND INFECTION



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You can simply DONATE via www.justgiving.com/breathingmatters



JustTEXTGiving is now available to Breathing Matters supporters.
Simply Text 'BMPF22 £15' to 70070



Christmas Concert

Hundreds of Breathing Matters supporters gathered together at St Paul's Church, Covent Garden, in December for a soiree of Christmas Carols.



The famous Holst Singers once again entertained us with their hauntingly beautiful voices, and in turn the audience joined in with raucous enthusiasm!



We were also treated to readings from Jessica Ransom who plays medical receptionist Morwenna Newcross from TV's 'Doc Martin', along with the award winning journalist, Hilly Janes.

Breathing Matters raised almost £4,000 at this event. A massive thanks goes to Jane Walker who organised this concert, and to all the volunteers that made the event a success.

Watch this space for this year's date!

Cyclotopia 2016

- Are you bored with the usual charity cycle event?
- Are you uninspired to do yet another fundraiser?
- **Fear not—Cyclotopia is here!**

Cyclotopia 2016 brings you an incredible opportunity to visit Lee Valley VeloPark, and try out three cycling disciplines of road racing, mountain biking or track cycling in the iconic Velodrome in a bespoke charity cycling event – made for you!



Cyclotopia has something for everyone from complete novices, families to experienced cyclists.

There will be competitions and special guests!

Cyclotopia will be held on Sunday, 12th June 2016. Prices start from £20.

For more information and registration, visit:
<http://bit.ly/24O7Wpk>

FUNdraising Events, Tributes and Inspirations

- ♥ Organise a Spring-Clean Declutter Party and donate to Clothes for Charity.
- ♥ Break out the leotard for an Aerobicathon and get back in shape for summer.
- ♥ Organise a barn dance and get those toes doseydoeing.
- ♥ People love cakes at any time of year; have a Cake Sale.
- ♥ A hike, a cycle, a climb, a backwards walk be as outrageous or as simple as you dare!

SPECIAL THANK YOUS

- ♥ Thank you to Adam Clark who raised another fantastic amount doing his third Tough Mudder for Breathing Matters, raising his donations to £16,500!
- ♥ Thank you to Mandy Sterling at Wolfcastle County Hotel in Wales for raising £2100 to help research into her goddaughter Belle's respiratory illness.
- ♥ Thank you to the Spurrell family for donating £3000 this Christmas in search of a cure for pulmonary fibrosis.
- ♥ Thank you to Margaret Plant and Hilary Watkins for donating proceeds of £535 from a house clearance in memory of their dad, Ronald Watkins.
- ♥ Thank you to Jane Walker and Sadia Manzoor for selling homemade cards, trinkets and jewellery at the UCH stalls throughout 2015.

OPEN CHALLENGES



Why not challenge yourself in 2016 to a more bespoke charity event?

Breathing Matters have teamed up with Global Adventure Challenges. Have you ever wanted to trek the Great Wall of China, cycle from Yosemite to San Fran or raft on the River Zambezi? GAC can organise this for you and money raised will go to Breathing Matters.

For more information, visit:
<http://bit.ly/1UpZxBx>